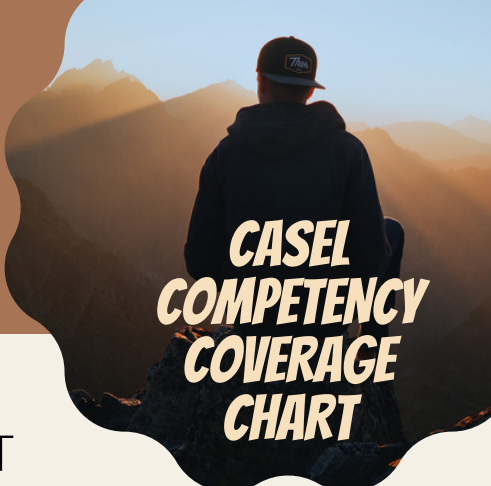


ACCOUNTABLE ME ACADEMY®

PERSONAL DEVELOPMENT FOR TEENS



**CASEL
COMPETENCY
COVERAGE
CHART**

CASEL COMPETENCY COVERAGE CHART

Accountable Me Academy reinforces all five CASEL competencies through repeated practice across 30 sequenced lessons that develop emotional awareness, regulation, empathy, decision-making, and personal responsibility.

CASEL COMPETENCY	FOCUS OF SKILL DEVELOPMENT	KEY LESSONS
SELF-AWARENESS	SELF-AWARENESS	VL1, VL2, VL3, VL6, VL7, VL9, VL15, VL16, VL17, VL18, VL21, VL26, VL30
SELF-MANAGEMENT	SELF-AWARENESS	VL3, VL4, VL5, VL6, VL7, VL14, VL15, VL18, VL20, VL27, VL29
SOCIAL AWARENESS	SELF-AWARENESS	VL7, VL10, VL13, VL16, VL17, VL19, VL23, VL24, VL28
RELATIONSHIP SKILLS	SELF-MANAGEMENT	VL3, VL8, VL17, VL18, VL20, VL23, VL24, VL25, VL26
RESPONSIBLE DECISION-MAKING	SELF-MANAGEMENT	VL1, VL2, VL6, VL8, VL9, VL11, VL12, VL14, VL15, VL19, VL22, VL25, VL27, VL29